swimnorthwest

2012 ASANWR Masters Long Distance Championships

Saturday February 25th – Session 1 results

EVENT 101 Mens Open 400m Medley Team

Full Results

Place	Name	A.G	Club	Time
	Salford Masters Swimfi		Salf Mast SF	DQ T-4L

EVENT 102 Womens Open 400m Medley Team

Full Results

Place	Name	A.G	Club	Time			
1.	Trafford Metro Bor SC		Trafford Met	4:47.76			
			Helen Sadler		1.12.17	35.11	37.06
			Geraldine Bolton		1.22.75	39.18	43.57
			Lucy Lloyd-Roach		1.03.93	29.51	34.42
			Sandra Skellern		1.08.91	32.63	36.28

EVENT 103 Mens/Womens Open 1500m Freestyle

MENS 30/34 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	David Nuttall	02/05/80	Salf Mast SF	18:21.22
2.	Christopher Standidge	27/12/79	Chester Acad	18:25.04
3.	Gregan Clarkson	06/05/82	Hull Masters	19:49.43
4.	Daniel Hallam	14/06/82	Salford City	20:17.17
5.	Peter Brook	03/08/81	Chester Acad	20:56.88
6.	Darren Cooper	18/07/80	Manch Tri	24:17.25

50m 32.66	100m 1:07.94	150m 1:43.97	200m 2:20.38	250m 2:56.63	300m 3:33.42	350m 4:09.97	400m 4:47.04
450m 5:24.00	500m 6:00.88	550m 6:37.66	600m 7:14.36	650m 7:51.31	700m 8:28.10	750m 9:05.02	800m 9:41.96
850m 10:18.88	900m 10:55.95	950m 11:33.73	1000m 12:11.13	1050m 12:48.58	1100m 13:26.05	1150m 14:03.49	1200m 14:41.02
1250m 15:18.49	1300m 15:53.89	1350m 16:30.26	1400m 17:06.82	1450m 17:44.45	1500m 18:21.22		
50m 33.80	100m 1:10.11	150m 1:46.74	200m 2:23.62	250m 3:00.59	300m 3:37.66	350m 4:14.70	400m 4:51.36
450m 5:28.55	500m 6:05.38	550m 6:42.50	600m 7:19.36	650m 7:56.36	700m 8:33.57	750m 9:10.51	800m 9:47.28
850m 10:24.07	900m 11:01.16	950m 11:38.14	1000m 12:15.01	1050m 12:51.98	1100m 13:29.13	1150m 14:06.22	1200m 14:43.34
1250m 15:20.55	1300m 15:57.60	1350m 16:34.46	1400m 17:11.43	1450m 17:48.48	1500m 18:25.04		
50m 32.91	100m 1:11.07	150m 1:49.72	200m 2:28.63	250m 3:07.62	300m 3:46.92	350m 4:26.44	400m 5:06.28
450m 5:45.99	500m 6:25.73	550m 7:05.81	600m 7:46.17	650m 8:26.49	700m 9:06.98	750m 9:47.13	800m 10:27.00
850m 11:07.14	900m 11:47.37	950m 12:27.84	1000m 13:08.68	1050m 13:49.53	1100m 14:29.42	1150m 15:09.63	1200m 15:49.97
1250m 16:30.54	1300m 17:10.92	1350m 17:51.47	1400m 18:31.44	1450m 19:10.93	1500m 19:49.43		
50m 35.58	100m 1:14.90	150m 1:54.80	200m 2:34.65	250m 3:15.02	300m 3:55.30	350m 4:36.27	400m 5:16.28
450m 5:57.53	500m 6:38.64	550m 7:19.88	600m 8:00.56	650m 8:41.81	700m 9:22.79	750m 10:04.18	800m 10:44.26
850m 11:25.05	900m 12:07.18	950m 12:48.33	1000m 13:30.41	1050m 14:11.78	1100m 14:52.83	1150m 15:34.53	1200m 16:14.97
1250m 16:56.53	1300m 17:38.43	1350m 18:19.01	1400m 19:00.22	1450m 19:40.92	1500m 20:17.17		
50m 37.72	100m 1:17.87	150m 1:59.70	200m 2:40.89	250m 3:22.50	300m 4:04.54	350m 4:47.33	400m 5:29.64
450m 6:12.06	500m 6:54.68	550m 7:37.70	600m 8:19.64	650m 9:01.80	700m 9:44.60	750m 10:26.16	800m 11:08.35
850m 11:50.27	900m 12:32.57	950m 13:15.13	1000m 13:57.07	1050m 14:39.60	1100m 15:22.24	1150m 16:04.41	1200m 16:46.42
1250m 17:28.93	1300m 18:11.30	1350m 18:53.26	1400m 19:35.80	1450m 20:17.18	1500m 20:56.88		
50m 42.48	100m 1:28.15	150m 2:15.05	200m 3:03.18	250m 3:50.50	300m 4:38.83	350m 5:28.59	400m 6:17.98
450m 7:07.44	500m 7:56.53	550m 8:45.65	600m 9:35.76	650m 10:24.88	700m 11:15.48	750m 12:05.66	800m 12:55.16
850m 13:43.82	900m 14:33.24	950m 15:22.67	1000m 16:12.21	1050m 17:02.15	1100m 17:52.39	1150m 18:42.02	1200m 19:31.94
1250m 20:21.61	1300m 21:10.24	1350m 21:57.74	1400m 22:45.64	1450m 23:32.54	1500m 24:17.25		

MENS 35/39 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Paul Smith	24/04/75	NorthernWave	20:07.16
2.	Scott Gall	03/03/75	Blackpool Aq	20:24.30
3.	Marek Dynda	15/06/76	Barrow LD	22:06.03

50m 34.63	100m 1:12.55	150m 1:51.83	200m 2:31.69	250m 3:11.79	300m 3:52.49	350m 4:33.07	400m 5:13.25
450m 5:53.85	500m 6:34.21	550m 7:14.52	600m 7:55.34	650m 8:36.05	700m 9:16.87	750m 9:57.39	800m 10:38.19
850m 11:18.84	900m 11:59.66	950m 12:40.83	1000m 13:21.21	1050m 14:01.67	1100m 14:43.02	1150m 15:24.12	1200m 16:05.42
1250m 16:46.84	1300m 17:27.66	1350m 18:08.38	1400m 18:48.82	1450m 19:28.97	1500m 20:07.16		
50m 34.31	100m 1:12.05	150m 1:50.61	200m 2:30.15	250m 3:10.16	300m 3:50.38	350m 4:31.11	400m 5:11.23
450m 5:51.85	500m 6:32.74	550m 7:13.60	600m 7:54.75	650m 8:35.61	700m 9:16.99	750m 9:58.78	800m 10:40.23
850m 11:21.07	900m 12:02.16	950m 12:43.07	1000m 13:24.92	1050m 14:06.08	1100m 14:47.48	1150m 15:28.89	1200m 16:10.14
1250m 16:52.69	1300m 17:34.81	1350m 18:17.32	1400m 19:00.66	1450m 19:43.37	1500m 20:24.30		
50m 38.70	100m 1:20.46	150m 2:03.73	200m 2:46.89	250m 3:30.37	300m 4:14.37	350m 4:58.46	400m 5:42.31
450m 6:26.73	500m 7:10.96	550m 7:55.46	600m 8:40.27	650m 9:25.07	700m 10:09.91	750m 10:54.64	800m 11:39.37
850m 12:23.56	900m 13:07.87	950m 13:52.81	1000m 14:37.53	1050m 15:22.47	1100m 16:07.34	1150m 16:52.31	1200m 17:38.04
1250m 18:24.19	1300m 19:09.24	1350m 19:54.87	1400m 20:40.46	1450m 21:24.45	1500m 22:06.03		

MENS 40/44 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Thomas McCullough	16/04/68	Barrow LD	23:35.63
2.	Toby Shipley	21/06/71	Ellesmere Pt	25:34.59

50m 41.70	100m 1:27.33	150m 2:13.11	200m 2:59.04	250m 3:45.36	300m 4:31.90	350m 5:18.58	400m 6:05.77
450m 6:52.59	500m 7:40.48	550m 8:28.03	600m 9:15.14	650m 10:02.45	700m 10:49.61	750m 11:37.42	800m 12:25.31
850m 13:13.98	900m 14:02.23	950m 14:50.87	1000m 15:39.80	1050m 16:27.60	1100m 17:15.89	1150m 18:03.86	1200m 18:52.91
1250m 19:40.82	1300m 20:30.51	1350m 21:17.68	1400m 22:05.11	1450m 22:52.83	1500m 23:35.63		
50m 39.62	100m 1:26.35	150m 2:14.73	200m 3:04.39	250m 3:54.83	300m 4:45.59	350m 5:37.59	400m 6:29.01
450m 7:20.08	500m 8:11.80	550m 9:03.50	600m 9:55.95	650m 10:48.10	700m 11:40.45	750m 12:32.56	800m 13:25.38
850m 14:17.96	900m 15:10.36	950m 16:02.53	1000m 16:54.47	1050m 17:46.75	1100m 18:39.42	1150m 19:32.08	1200m 20:24.77
1250m 21:17.36	1300m 22:10.06	1350m 23:02.75	1400m 23:54.64	1450m 24:46.19	1500m 25:34.59		

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Saturday February 25th – Session 1 results

MENS 45/49 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Andrew Gristwood	14/06/64	Cleethorpes	18:37.95
2.	Andrew Carr	17/02/66	Co Lincoln P	19:33.10
3.	David Massey	24/10/67	Stalybridge	21:00.74
4.	Paul Thompson	05/01/67	Cleethorpes	21:39.45

50m 33.72	100m 1:10.00	150m 1:46.61	200m 2:23.32	250m 3:00.35	300m 3:36.94	350m 4:13.57	400m 4:50.10
450m 5:26.76	500m 6:03.56	550m 6:40.51	600m 7:17.67	650m 7:54.65	700m 8:31.58	750m 9:08.70	800m 9:46.36
850m 10:24.34	900m 11:01.68	950m 11:38.95	1000m 12:17.13	1050m 12:55.30	1100m 13:33.51	1150m 14:11.75	1200m 14:50.12
1250m 15:29.08	1300m 16:07.50	1350m 16:46.02	1400m 17:24.44	1450m 18:02.39	1500m 18:37.95		
50m 33.83	100m 1:10.66	150m 1:48.25	200m 2:26.55	250m 3:05.32	300m 3:43.29	350m 4:21.90	400m 5:00.10
450m 5:39.13	500m 6:17.76	550m 6:56.60	600m 7:35.38	650m 8:14.44	700m 8:53.49	750m 9:33.16	800m 10:12.81
850m 10:52.33	900m 11:31.87	950m 12:12.15	1000m 12:52.74	1050m 13:32.84	1100m 14:12.84	1150m 14:52.39	1200m 15:32.74
1250m 16:12.91	1300m 16:53.08	1350m 17:34.08	1400m 18:14.30	1450m 18:54.45	1500m 19:33.10		
50m 36.03	100m 1:15.45	150m 1:56.30	200m 2:37.76	250m 3:20.26	300m 4:02.87	350m 4:45.53	400m 5:28.47
450m 6:11.01	500m 6:53.84	550m 7:36.51	600m 8:18.85	650m 9:00.91	700m 9:44.40	750m 10:27.04	800m 11:09.30
850m 11:51.55	900m 12:34.22	950m 13:16.66	1000m 13:59.43	1050m 14:42.82	1100m 15:24.81	1150m 16:07.00	1200m 16:49.19
1250m 17:31.87	1300m 18:14.55	1350m 18:57.03	1400m 19:40.35	1450m 20:22.13	1500m 21:00.74		
50m 37.24	100m 1:17.51	150m 1:59.23	200m 2:42.59	250m 3:25.79	300m 4:09.16	350m 4:52.80	400m 5:36.61
450m 6:20.31	500m 7:04.23	550m 7:47.90	600m 8:31.74	650m 9:15.05	700m 9:58.48	750m 10:41.99	800m 11:26.01
850m 12:10.66	900m 12:54.66	950m 13:38.87	1000m 14:23.67	1050m 15:08.25	1100m 15:52.58	1150m 16:36.29	1200m 17:20.40
1250m 18:04.48	1300m 18:48.29	1350m 19:31.63	1400m 20:14.71	1450m 20:58.57	1500m 21:39.45		

MENS 50/54 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Mark Jones	12/02/60	Everton	18:43.50
2.	Edwin Lace	11/04/59	NorthernWave	22:23.30
3.	Steven Willder	26/10/59	Blackpool Aq	23:51.18

50m 34.02	100m 1:10.57	150m 1:47.13	200m 2:24.19	250m 3:01.12	300m 3:38.04	350m 4:15.34	400m 4:52.61
450m 5:30.04	500m 6:07.61	550m 6:45.13	600m 7:22.45	650m 8:00.02	700m 8:37.89	750m 9:15.68	800m 9:53.82
850m 10:31.50	900m 11:09.10	950m 11:47.34	1000m 12:25.72	1050m 13:03.54	1100m 13:41.90	1150m 14:19.98	1200m 14:58.04
1250m 15:36.09	1300m 16:13.92	1350m 16:52.35	1400m 17:30.23	1450m 18:07.61	1500m 18:43.50		
50m 39.42	100m 1:22.06	150m 2:05.20	200m 2:49.74	250m 3:34.60	300m 4:19.95	350m 5:05.66	400m 5:50.99
450m 6:35.80	500m 7:21.24	550m 8:05.92	600m 8:50.70	650m 9:36.25	700m 10:21.94	750m 11:07.61	800m 11:52.17
850m 12:36.36	900m 13:21.75	950m 14:07.36	1000m 14:53.10	1050m 15:38.60	1100m 16:23.65	1150m 17:08.24	1200m 17:53.10
1250m 18:39.19	1300m 19:24.58	1350m 20:10.00	1400m 20:54.96	1450m 21:40.53	1500m 22:23.30		
50m 44.89	100m 1:33.29	150m 2:20.59	200m 3:08.29	250m 3:55.69	300m 4:42.82	350m 5:30.20	400m 6:17.88
450m 7:05.81	500m 7:53.75	550m 8:41.93	600m 9:30.43	650m 10:18.89	700m 11:07.11	750m 11:54.83	800m 12:42.86
850m 13:30.73	900m 14:19.29	950m 15:06.54	1000m 15:54.68	1050m 16:42.60	1100m 17:30.77	1150m 18:19.22	1200m 19:07.16
1250m 19:54.92	1300m 20:42.98	1350m 21:31.18	1400m 22:18.27	1450m 23:05.13	1500m 23:51.18		

MENS 55/59 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Francis Kilgannon	06/02/55	Halton	22:48.31
2.	Colin Benn	27/04/53	Barrow LD	29:36.42

50m 40.02	100m 1:24.98	150m 2:11.00	200m 2:57.15	250m 3:43.57	300m 4:29.58	350m 5:15.80	400m 6:02.34
450m 6:48.93	500m 7:35.11	550m 8:20.93	600m 9:06.78	650m 9:53.15	700m 10:39.26	750m 11:25.34	800m 12:11.32
850m 12:57.37	900m 13:43.15	950m 14:28.76	1000m 15:14.03	1050m 15:59.67	1100m 16:45.61	1150m 17:31.73	1200m 18:17.70
1250m 19:03.19	1300m 19:49.07	1350m 20:34.78	1400m 21:20.32	1450m 22:06.10	1500m 22:48.31		
50m 52.09	100m 1:49.09	150m 2:47.84	200m 3:47.15	250m 4:46.73	300m 5:47.27	350m 6:47.88	400m 7:48.06
450m 8:49.27	500m 9:47.75	550m 10:47.39	600m 11:46.76	650m 12:46.95	700m 13:47.03	750m 14:46.82	800m 15:46.70
850m 16:45.99	900m 17:45.02	950m 18:44.31	1000m 19:43.52	1050m 20:42.94	1100m 21:42.75	1150m 22:42.75	1200m 23:42.79
1250m 24:42.64	1300m 25:42.38	1350m 26:41.56	1400m 27:40.30	1450m 28:39.32	1500m 29:36.42		

MENS 60/64 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Derek Booth	02/08/49	Halton	24:32.85

50m 40.72	100m 1:25.75	150m 2:13.49	200m 3:01.51	250m 3:49.85	300m 4:39.43	350m 5:28.20	400m 6:16.98
450m 7:07.10	500m 7:56.94	550m 8:46.86	600m 9:37.27	650m 10:27.48	700m 11:17.29	750m 12:07.30	800m 12:56.17
850m 13:46.31	900m 14:36.09	950m 15:25.57	1000m 16:15.52	1050m 17:06.30	1100m 17:56.94	1150m 18:45.75	1200m 19:35.91
1250m 20:26.12	1300m 21:14.93	1350m 22:04.90	1400m 22:55.25	1450m 23:45.41	1500m 24:32.85		

MENS 70/74 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Harry Barrow	10/09/38	Elland	26:53.38
2.	Keith Leary	09/11/39	Blackpool Aq	31:38.05
3.	John Penswick	01/06/38	Colne	32:55.19

50m 48.29	100m 1:41.82	150m 2:35.60	200m 3:29.77	250m 4:24.19	300m 5:18.27	350m 6:12.44	400m 7:06.68
450m 8:01.29	500m 8:55.30	550m 9:49.62	600m 10:43.80	650m 11:37.80	700m 12:32.27	750m 13:26.88	800m 14:20.72
850m 15:14.65	900m 16:08.74	950m 17:03.93	1000m 17:58.77	1050m 18:52.76	1100m 19:46.94	1150m 20:41.36	1200m 21:35.20
1250m 22:28.97	1300m 23:22.81	1350m 24:16.59	1400m 25:09.99	1450m 26:03.71	1500m 26:53.38		
50m 51.66	100m 1:51.08	150m 2:52.70	200m 3:56.07	250m -	300m 6:03.04	350m 7:06.02	400m 8:09.23
450m 9:12.24	500m 10:15.61	550m 11:18.80	600m 12:22.03	650m 13:25.69	700m 14:29.52	750m 15:33.06	800m 16:38.46
850m 17:42.04	900m 18:47.27	950m 19:51.15	1000m 20:55.98	1050m 22:00.91	1100m 23:06.23	1150m 24:10.38	1200m -
1250m 26:20.80	1300m 27:26.56	1350m 28:31.77	1400m 29:36.69	1450m 30:39.99	1500m 31:38.05		
50m 54.66	100m 1:56.20	150m 2:59.72	200m 4:02.40	250m 5:06.62	300m 6:12.27	350m 7:22.00	400m 8:28.05
450m 9:35.56	500m 10:42.74	550m 11:50.76	600m 12:57.58	650m 14:06.30	700m 15:15.74	750m 16:22.99	800m 17:30.02
850m 18:37.68	900m 19:43.37	950m 20:48.46	1000m 21:54.38	1050m 23:01.30	1100m 24:07.10	1150m 25:13.25	1200m 26:19.33
1250m 27:25.58	1300m 28:31.75	1350m 29:38.50	1400m 30:46.37	1450m 31:52.88	1500m 32:55.19		

WOMENS 19/24 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Linda Evans	14/03/90	BUCS	22:20.74
2.	Leanne Wilson	11/12/89	Co Wakefield	22:23.91

50m 37.98	100m 1:20.48	150m 2:04.32	200m 2:48.69	250m 3:33.13	300m 4:17.72	350m 5:02.24	400m 5:47.70
450m 6:32.73	500m 7:17.61	550m 8:02.63	600m 8:48.28	650m 9:32.70	700m 10:18.16	750m 11:03.56	800m 11:48.23
850m 12:33.71	900m 13:18.65	950m 14:03.83	1000m 14:49.61	1050m 15:35.29	1100m 16:21.29	1150m 17:05.86	1200m 17:51.72
1250m 18:37.54	1300m 19:22.87	1350m 20:08.00	1400m 20:53.41	1450m 21:38.82	1500m 22:20.74		
50m 34.47	100m 1:14.35	150m 1:56.58	200m 2:39.81	250m 3:24.18	300m 4:09.00	350m 4:54.62	400m 5:39.95
450m 6:25.06	500m 7:10.31	550m 7:56.07	600m 8:41.96	650m 9:27.35	700m 10:12.80	750m 10:57.47	800m 11:42.94
850m 12:28.90	900m 13:15.06	950m 14:00.69	1000m 14:46.86	1050m 15:32.90	1100m 16:19.37	1150m 17:06.10	1200m 17:52.13
1250m 18:38.26	1300m 19:23.34	1350m 20:08.69	1400m 20:54.31	1450m 21:38.73	1500m 22:23.91		

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2012 ASANWR Masters Long Distance Championships

Saturday February 25th – Session 1 results

WOMENS 25/29 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Sophie Cowie	11/04/86	BUCS	19:05.86

50m 34.50	100m 1:11.62	150m 1:49.51	200m 2:27.45	250m 3:05.38	300m 3:43.58	350m 4:21.72	400m 4:59.83
450m 5:37.91	500m 6:15.60	550m 6:53.93	600m 7:32.24	650m 8:10.27	700m 8:48.77	750m 9:26.84	800m 10:05.17
850m 10:43.74	900m 11:22.18	950m 12:01.13	1000m 12:39.96	1050m 13:18.82	1100m 13:57.44	1150m 14:36.30	1200m 15:15.29
1250m 15:54.17	1300m 16:33.06	1350m 17:11.91	1400m 17:50.83	1450m 18:29.58	1500m 19:05.86		

WOMENS 30/34 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Rebecca Lennon	13/11/82	Trafford Met	19:28.91

50m 35.48	100m 1:14.55	150m 1:54.61	200m 2:34.11	250m 3:14.08	300m 3:53.50	350m 4:33.28	400m 5:12.96
450m 5:52.30	500m 6:31.46	550m 7:11.11	600m 7:50.03	650m 8:29.17	700m 9:08.42	750m 9:47.58	800m 10:26.48
850m 11:05.60	900m 11:44.94	950m 12:24.12	1000m 13:03.28	1050m 13:42.24	1100m 14:21.33	1150m 15:00.21	1200m 15:39.11
1250m 16:17.97	1300m 16:56.81	1350m 17:35.44	1400m 18:14.03	1450m 18:52.56	1500m 19:28.91		

2.	Sarah Kinsey	31/07/79	Bo Kirklees	20:10.48

50m 34.14	100m 1:11.73	150m 1:50.98	200m 2:30.17	250m 3:10.11	300m 3:50.62	350m 4:30.64	400m 5:10.68
450m 5:50.95	500m 6:31.58	550m 7:11.98	600m 7:53.12	650m 8:34.31	700m 9:15.86	750m 9:57.17	800m 10:38.16
850m 11:19.52	900m 12:00.75	950m 12:41.95	1000m 13:23.32	1050m 14:04.55	1100m 14:46.17	1150m 15:27.35	1200m 16:07.89
1250m 16:48.76	1300m 17:29.49	1350m 18:10.56	1400m 18:51.56	1450m 19:31.88	1500m 20:10.48		

3.	Hana Kubacova	24/12/81	NorthernWave	27:19.27

50m 46.21	100m 1:36.77	150m 2:31.23	200m 3:26.40	250m 4:21.75	300m 5:16.33	350m 6:10.95	400m 7:05.92
450m 8:01.72	500m 8:57.70	550m 9:53.75	600m 10:47.46	650m 11:43.32	700m 12:37.25	750m 13:31.02	800m 14:25.83
850m 15:21.53	900m 16:16.83	950m 17:12.00	1000m 18:07.01	1050m 19:02.02	1100m 19:57.52	1150m 20:52.88	1200m 21:48.79
1250m 22:43.24	1300m 23:39.97	1350m 24:35.52	1400m 25:31.79	1450m 26:28.05	1500m 27:19.27		

WOMENS 35/39 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Emma Godfrey	01/01/75	Bo Kirklees	27:09.56

50m 47.67	100m 1:37.64	150m 2:30.55	200m 3:24.87	250m 4:19.00	300m 5:14.17	350m 6:09.33	400m 7:03.58
450m 7:57.87	500m 8:52.36	550m 9:47.18	600m 10:42.38	650m 11:37.26	700m 12:32.27	750m 13:27.41	800m 14:21.36
850m 15:15.49	900m 16:10.08	950m 17:04.50	1000m 17:58.88	1050m 18:54.16	1100m 19:48.86	1150m 20:44.41	1200m 21:39.71
1250m 22:35.12	1300m 23:30.52	1350m 24:25.11	1400m 25:19.64	1450m 26:15.32	1500m 27:09.56		

2.	Lucie Brione	31/01/73	NorthernWave	30:45.75

50m -	100m -	150m -	200m -	250m -	300m -	350m 7:01.88	400m 8:03.65
450m 9:05.38	500m 10:06.35	550m 11:07.42	600m 12:09.31	650m 13:12.07	700m 14:13.97	750m 15:16.14	800m 16:17.85
850m 17:20.14	900m 18:23.66	950m 19:23.72	1000m 20:26.36	1050m 21:29.84	1100m 22:32.54	1150m 23:35.10	1200m 24:39.36
1250m 25:40.94	1300m 26:43.09	1350m 27:45.18	1400m 28:47.75	1450m 29:50.33	1500m 30:45.75		

WOMENS 40/44 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Karen Driver	09/09/71	Colne	19:01.46

50m 34.80	100m 1:11.60	150m 1:49.01	200m 2:26.43	250m 3:04.16	300m 3:41.62	350m 4:19.65	400m 4:57.70
450m 5:35.68	500m 6:13.75	550m 6:51.78	600m 7:30.12	650m 8:08.40	700m 8:46.64	750m 9:24.93	800m 10:03.27
850m 10:41.74	900m 11:20.35	950m 11:58.85	1000m 12:37.27	1050m 13:15.91	1100m 13:54.51	1150m 14:33.09	1200m 15:11.70
1250m 15:50.49	1300m 16:29.10	1350m 17:07.85	1400m 17:46.17	1450m 18:24.57	1500m 19:01.46		

2.	Ana Paulo Grilo	06/01/69	BEJA	19:29.65

50m 36.95	100m 1:16.26	150m 1:55.34	200m 2:33.92	250m 3:12.76	300m 3:51.06	350m 4:29.60	400m 5:08.25
450m 5:46.29	500m 6:25.04	550m 7:03.51	600m 7:41.87	650m 8:20.83	700m 8:59.46	750m 9:38.20	800m 10:17.58
850m 10:56.46	900m 11:35.77	950m 12:15.25	1000m 12:54.72	1050m 13:34.45	1100m 14:13.90	1150m 14:53.39	1200m 15:33.37
1250m 16:13.45	1300m 16:53.20	1350m 17:32.84	1400m 18:12.41	1450m 18:52.06	1500m 19:29.65		

WOMENS 45/49 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Traci Shipley	18/03/64	Ellesmere Pt	23:05.19

50m 41.12	100m 1:26.90	150m 2:13.79	200m 3:00.51	250m 3:47.56	300m 4:33.12	350m 5:19.77	400m 6:06.40
450m 6:52.23	500m 7:38.04	550m 8:24.72	600m 9:10.52	650m 9:57.33	700m 10:43.19	750m 11:29.82	800m 12:16.20
850m 13:03.11	900m 13:49.56	950m 14:36.21	1000m 15:22.99	1050m 16:09.68	1100m 16:55.96	1150m 17:42.37	1200m 18:28.69
1250m 19:14.91	1300m 20:01.73	1350m 20:48.53	1400m 21:34.91	1450m 22:21.61	1500m 23:05.19		

2.	Zoe Jackson	14/03/63	Bo Kirklees	25:26.00

50m 46.15	100m 1:34.97	150m 2:24.87	200m 3:15.64	250m 4:06.78	300m 4:57.78	350m 5:49.09	400m 6:40.17
450m 7:31.63	500m 8:22.72	550m 9:13.80	600m 10:05.48	650m 10:56.54	700m 11:47.12	750m 12:38.73	800m 13:29.74
850m 14:20.17	900m 15:10.55	950m 16:01.24	1000m 16:51.98	1050m 17:42.77	1100m 18:34.56	1150m 19:26.07	1200m 20:17.95
1250m 21:09.57	1300m 22:01.64	1350m 22:53.14	1400m 23:44.74	1450m 24:35.88	1500m 25:26.00		

WOMENS 50/54 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Barbara Holmes	07/09/59	Blackpool Aq	23:39.18

50m 39.53	100m 1:24.75	150m 2:11.19	200m 2:58.00	250m 3:45.17	300m 4:32.30	350m 5:19.57	400m 6:06.69
450m 6:54.00	500m 7:41.70	550m 8:29.62	600m 9:17.26	650m 10:04.99	700m 10:52.61	750m 11:40.70	800m 12:28.39
850m 13:16.47	900m 14:04.43	950m 14:52.40	1000m 15:41.13	1050m 16:29.34	1100m 17:17.67	1150m 18:05.90	1200m 18:54.64
1250m 19:42.43	1300m 20:30.68	1350m 21:17.98	1400m 22:06.00	1450m 22:53.11	1500m 23:39.18		

2.	Sally Chapman	23/08/61	Barrow LD	24:30.48

50m 42.37	100m 1:29.64	150m 2:18.14	200m 3:07.07	250m 3:56.23	300m 4:45.64	350m 5:35.27	400m 6:24.87
450m 7:14.97	500m 8:04.46	550m 8:54.05	600m 9:43.55	650m 10:33.41	700m 11:22.88	750m 12:12.35	800m 13:02.05
850m 13:50.57	900m 14:39.96	950m 15:29.04	1000m 16:18.79	1050m 17:08.09	1100m 17:57.34	1150m 18:46.60	1200m 19:35.96
1250m 20:25.60	1300m 21:15.08	1350m 22:04.50	1400m 22:53.94	1450m 23:43.25	1500m 24:30.48		

3.	Janet Briggs	16/04/59	Etwall	26:15.71

50m 43.98	100m 1:33.65	150m 2:25.08	200m 3:17.49	250m 4:10.18	300m 5:01.91	350m 5:54.45	400m 6:47.09
450m 7:39.76	500m 8:32.30	550m 9:25.16	600m 10:17.81	650m 11:10.79	700m 12:03.77	750m 12:57.62	800m 13:50.60
850m 14:43.78	900m 15:37.01	950m 16:31.47	1000m 17:25.41	1050m 18:19.31	1100m 19:13.20	1150m 20:06.69	1200m 20:59.77
1250m 21:52.79	1300m 22:46.36	1350m 23:39.58	1400m 24:33.07	1450m 25:25.84	1500m 26:15.71		

4.	Irene Meikle	22/06/62	Barrow LD	28:10.16

50m 50.68	100m 1:44.75	150m 2:41.08	200m 3:37.64	250m 4:33.50	300m 5:28.75	350m 6:24.55	400m 7:19.95
450m 8:15.72	500m 9:11.97	550m 10:08.38	600m 11:04.52	650m 12:00.97	700m 12:57.76	750m 13:54.04	800m 14:50.83
850m 15:47.55	900m 16:44.73	950m 17:42.15	1000m 18:39.69	1050m 19:36.79	1100m 20:33.90	1150m 21:31.44	1200m 22:28.26
1250m 23:25.51	1300m 24:22.69	1350m 25:19.40	1400m 26:16.81	1450m 27:13.87	1500m 28:10.16		

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Saturday February 25th – Session 1 results

WOMENS 65/69 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Patricia Jackson	04/03/47	East Anglian	26:25.99

50m 46.59	100m 1:39.20	150m 2:32.17	200m 3:24.99	250m 4:18.01	300m 5:11.50	350m 6:04.18	400m 6:57.27
450m 7:50.69	500m 8:44.34	550m 9:38.35	600m 10:31.61	650m 11:24.61	700m 12:17.78	750m 13:10.68	800m 14:03.44
850m 14:57.02	900m 15:50.06	950m 16:42.70	1000m 17:36.26	1050m 18:28.55	1100m 19:21.07	1150m 20:14.69	1200m 21:07.83
1250m 22:01.92	1300m 22:56.61	1350m 23:50.24	1400m 24:42.80	1450m 25:35.35	1500m 26:25.99		

EVENT 104 Mens/Womens Open 400m Freestyle

MENS 25/29 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Adam Shipp	18/08/87	Co Liverpool	4:18.96
	50m 28.78	100m 1:00.41	150m 1:33.09	200m 2:06.04	250m 2:39.42	300m 3:12.97	350m 3:46.36	400m 4:18.96
2.	James O'Brien	15/04/85	Co Lincoln P	4:47.48
	50m 32.27	100m 1:08.98	150m 1:45.81	200m 2:23.17	250m 2:59.41	300m 3:36.63	350m 4:13.18	400m 4:47.48
3.	Philip Walsh	05/07/86	Salf Mast SF	4:47.62
	50m 32.50	100m 1:08.63	150m 1:45.08	200m 2:21.99	250m 2:59.07	300m 3:36.62	350m 4:13.65	400m 4:47.62
4.	Mark RILEY	02/06/86	Everton	4:51.09
	50m 31.91	100m 1:08.13	150m 1:44.63	200m 2:21.61	250m 2:59.32	300m 3:36.64	350m 4:13.93	400m 4:51.09
	Craig Prime	02/07/85	Chester Acad	DNC

MENS 30/34 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Gregan Clarkson	06/05/82	Hull Masters	4:59.13
	50m 32.51	100m 1:10.77	150m 1:50.16	200m 2:29.07	250m 3:07.82	300m 3:45.54	350m 4:22.49	400m 4:59.13
2.	Darren Cooper	18/07/80	Manch Tri	5:52.58
	50m 37.75	100m 1:18.33	150m 2:01.54	200m 2:46.34	250m 3:33.12	300m 4:20.24	350m 5:07.47	400m 5:52.58

MENS 35/39 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Richard Symons	29/05/74	Trafford Met	4:43.96
	50m 31.28	100m 1:06.63	150m 1:42.24	200m 2:18.67	250m 2:54.97	300m 3:31.70	350m 4:08.45	400m 4:43.96
2.	Edward Clayton	19/02/76	G B Police	5:08.32
	50m 27.26	100m 58.29	150m 1:45.56	200m 2:29.87	250m 3:10.86	300m 3:51.07	350m 4:30.37	400m 5:08.32

MENS 40/44 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Paul Clemence	19/06/70	East Leeds	4:25.76
	50m 30.81	100m 1:04.11	150m 1:38.20	200m 2:12.28	250m 2:46.33	300m 3:20.16	350m 3:54.03	400m 4:25.76
2.	Les Church	26/07/72	Chester Acad	4:43.35
	50m 32.30	100m 1:07.96	150m 1:44.63	200m 2:22.17	250m 2:58.97	300m 3:35.33	350m 4:10.44	400m 4:43.35
3.	Stephen Smith	19/01/68	Colne	4:51.42
	50m 33.26	100m 1:09.75	150m 1:46.28	200m 2:24.11	250m 3:01.81	300m 3:39.64	350m 4:16.75	400m 4:51.42
4.	Philip Croxall	12/01/69	Colne	4:53.37
	50m 35.19	100m 1:13.37	150m 1:50.83	200m 2:27.95	250m 3:04.65	300m 3:41.74	350m 4:17.66	400m 4:53.37
5.	Garry Vickers	15/04/68	Etwall	5:16.75
	50m 34.29	100m 1:11.29	150m 1:49.58	200m 2:29.19	250m 3:09.51	300m 3:50.43	350m 4:32.72	400m 5:16.75
6.	Paul Ingle	04/06/71	Etwall	5:24.60
	50m 34.36	100m 1:12.58	150m 1:52.97	200m 2:34.91	250m 3:16.65	300m 3:59.38	350m 4:42.42	400m 5:24.60

MENS 50/54 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Mark Jones	12/02/60	Everton	4:50.70
	50m 33.52	100m 1:10.15	150m 1:46.95	200m 2:24.10	250m 3:01.30	300m 3:39.05	350m 4:15.77	400m 4:50.70

MENS 60/64 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Graham Pearson	19/11/52	Carlisle Aq	5:21.23
	50m 36.60	100m 1:16.66	150m 1:56.67	200m 2:37.48	250m 3:18.27	300m 3:59.33	350m 4:40.58	400m 5:21.23
2.	Derek Booth	02/08/49	Halton	6:07.62
	50m 38.00	100m 1:22.29	150m 2:10.27	200m 2:59.08	250m 3:46.13	300m 4:34.14	350m 5:21.33	400m 6:07.62

MENS 70/74 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Harry Barrow	10/09/38	Elland	6:51.25
	50m 45.31	100m 1:35.97	150m 2:28.33	200m 3:20.56	250m 4:13.37	300m 5:05.49	350m 5:58.35	400m 6:51.25
2.	Keith Leary	09/11/39	Blackpool Aq	7:58.62
	50m 52.59	100m 1:53.16	150m 2:55.94	200m 3:57.79	250m 4:57.94	300m 5:59.33	350m 6:59.84	400m 7:58.62

MENS 75/79 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	John Anderson	27/07/37	Trafford Met	8:01.24
	50m 51.97	100m 1:51.84	150m 2:53.61	200m 3:56.44	250m 4:57.89	300m 6:00.00	350m 7:01.76	400m 8:01.24

WOMENS 19/24 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Leanne Wilson	11/12/89	Co Wakefield	5:37.31
	50m 35.36	100m 1:15.32	150m 1:58.35	200m 2:42.63	250m 3:27.38	300m 4:11.50	350m 4:55.59	400m 5:37.31

WOMENS 25/29 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Laura Bowden	18/10/87	Trafford Met	4:44.05
	50m 31.79	100m 1:06.79	150m 1:42.55	200m 2:19.09	250m 2:55.44	300m 3:32.08	350m 4:08.98	400m 4:44.05

WOMENS 30/34 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
1.	Helen Whittle	18/09/81	Blackpool Aq	5:08.68
	50m 34.49	100m 1:12.14	150m 1:50.73	200m 2:29.73	250m 3:09.19	300m 3:49.36	350m 4:29.55	400m 5:08.68

WOMENS 40/44 Yrs Age Group - Full Results

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Saturday February 25th – Session 1 results

Place	Name	DoB	Club	Time							
1.	Deborah Tuck	23/02/70	Cleethorpes	5:12.95							
	50m 34.07	100m 1:11.61	150m 1:50.79	200m 2:30.54	250m 3:10.77	300m 3:52.45	350m 4:33.18	400m 5:12.95			
2.	Sharron Dixon	12/11/72	Everton	6:49.45							
	50m 44.82	100m 1:34.07	150m 2:25.57	200m 3:17.81	250m 4:11.18	300m 5:04.57	350m 5:58.29	400m 6:49.45			

WOMENS 45/49 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time
	Diane Rourke	31/05/65	Everton	DNC
	Lynne Dawson	21/07/67	Chapeltown	DNC

WOMENS 50/54 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time							
1.	Judith Hattle	21/04/60	Carlisle Aq	5:06.76							
	50m 34.62	100m 1:12.85	150m 1:52.04	200m 2:30.94	250m 3:09.61	300m 3:48.40	350m 4:27.52	400m 5:06.76			
2.	Barbara Holmes	07/09/59	Blackpool Aq	6:01.28							
	50m 38.69	100m 1:22.07	150m 2:08.01	200m 2:54.38	250m 3:41.18	300m 4:28.34	350m 5:15.42	400m 6:01.28			

WOMENS 70/74 Yrs Age Group - Full Results

Place	Name	DoB	Club	Time							
1.	Doreen Gordon	19/06/42	Southport	7:25.54							
	50m 44.63	100m 1:37.31	150m 2:33.16	200m 3:29.74	250m 4:28.06	300m 5:26.30	350m 6:26.19	400m 7:25.54			